

Polygon

PRESS  
INFORMATION

*The Hidden Fires*

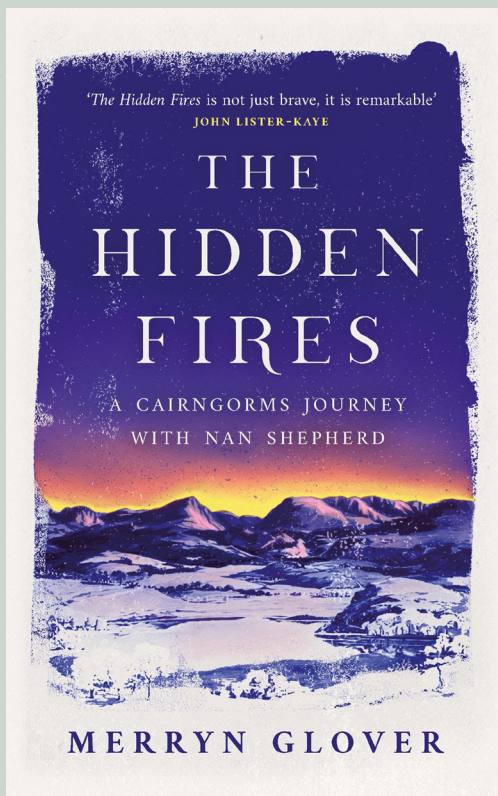
by Merryn Glover

£14.99, hardback

ISBN 9781846975752

**Published March 2023**

Also available as an eBook



MEDIA ENQUIRIES:

Jan Rutherford

Publicity & The Printed Word

**Mobile: 07710 474308**

jan.ppw@janrutherford.co.uk

Or Jennifer Andreacchi

Publicity & Marketing Officer

**Mobile: 07538 654822**

jennifer@birlinn.co.uk



**Polygon**

Tel: 0131 668 4371

info@birlinn.co.uk

www.polygonbooks.co.uk

# THE HIDDEN FIRES

A CAIRNGORMS JOURNEY WITH NAN SHEPHERD

By Merryn Glover

Elemental, fierce and full of wonder, the Cairngorm Mountains are the high and rocky heart of Scotland. To know them would take forever, to love them demands a kind of courageous surrender.

In *The Hidden Fires*, Merryn Glover undertakes that challenge with Nan Shepherd as companion and guiding light. Following in the footsteps and contours of *The Living Mountain*, she explores the same landscapes and themes as Shepherd's seminal work. This is a journey separated by time but unified by space and purpose, a conversation between two women across nearly a century that explores how entering the life of a mountain can illuminate our own.

An Australian who grew up in the Himalayas, her early experiences of the Scottish hills and weather left her cold. But gradually acclimatising and with an approach like Shepherd's, that is more mountain wandering than mountaineering, she discovers the spark that sets the hills and herself on fire. Through Glover's deepening encounter, the wild majesty and iridescence of the Cairngorms is revealed in this beautiful evocation of landscape, place and identity.

'Only rarely does one read a book whose quality of distinction is immediately apparent from the first page. Merryn Glover's *The Hidden Fires* is not just brave, it is remarkable.'

—SIR JOHN LISTER-KAYE

'A dazzling adventure into mountain, place and time. Redolent with the presence of Nan Shepherd, this book will captivate lovers of *The Living Mountain*.'

—ESTHER WOOLFSON, Author of *Between Life and Storm*

MERRYN GLOVER was born in a former Rana palace in Kathmandu and grew up in Nepal, India and Pakistan. Her first major work was a stage play, *The Long Way Home*, which was broadcast on BBC Radio Scotland. She has written three further plays for BBC Radio 4 and Radio Scotland. Her second novel, *Of Stone and Sky* (2021) was published by Polygon and is set in the Highlands where she now lives. In 2019, she was appointed the first Writer in Residence for the Cairngorms National Park. **Merryn is available for interview.**